# **TEAM MILDENHALL COVID-19 Decision Matrix**

Traveled THROUGH OR FROM CDC Level 3 Country (post 13 MAR)

OR

Contact with a Confirmed COVID-19 Case?

YES

NO

### **SYMPTOMS**

#### **Symptoms Shown:**

- 1. NOTIFY YOUR UNIT/SUPERVISOR
- 2. Call MDG for a phone consult (visit MDG for Emergency only)
- 3. Follow MDG for self-isolation in a single restroom/bedroom
- 4. Follow up with your Unit/Supervor

# NO SYMPTOMS

#### **Symptoms Shown:**

- 1. NOTIFY YOUR UNIT/SUPERVISOR
- 2. Quarantine within a solitary area of home for 14 days
- 3. Continue preventative measures & monitor health
- 4. Follow up with your Unit/Supervor

## SYMPTOMS

- 1. Continue preventative measures (i.e. proper hand washing, work area "cleansing" before each shift, social distancing)
- 2. Call MDG for normal sickness consult
- 3. Report to work as normal per Unit instructions

# NO SYMPTOMS

- 1. Report to work as normal per Unit instructions
- 2. Continue preventative measures (i.e. proper hand washing, work area "cleansing" before each shift, social distancing)

If you are experiencing fever, cough, difficulty breathing and suspect you have been exposed to COVID-19, remain in your home and call your PRIMARY CARE TEAM or out-of-hours assistance number.

## Who To Call?

For Current Unit Guidance: First Shirt – Unit Supervision

For Medical Consult: 01638 528010 01638 522766 DSN 226-8010 / 226-2766

### **DEFINITIONS:**

Quarantine: No symptoms, but returned from/through an L3 country, or contact with comfirmed COVID-19 case. Self-isolation: Symptoms present, requires MDG consult and instruction.

### **KEY POINTS:**

IF SYMPTOMS: Call MDG – DO NOT visit hospital unless instructed.

PREVENTION MEASURES - should be heavily stressed in work place AND at home.

# **FOR MORE INFO:**

www.cdc.gov/

www.mildenhall.af.mil/lnfo/-COVID-19/